

Item (P-1) Adult, P2 (Child)	P1
MARPAT Marine Backpack (note you can find them cheaper, some even new)	1
Plate Carrier IBE with Level 3 plates if possible, attaching magzne and IPE molle gear	1
Water Carrier Mule/Canteen IPE	1
Colapsible Water Bottle	1
Nalgene Water Bottle	1
Canteen Cup/or Metal Cup	1
Water Purification Tablet Chlorine	1
Water Purification Tablet	1
Purification Filter System with one Cartridge	1
Open and Eat Bars (PowerBar, Candy, Granola)	1
MRE Meals/Dehydrated Meals: I buy them directly, not from wholesaler, buy them in bulk	1
Baby Formula/Baby Food	1
Metal Cook Pot	1
Metal Cup	1
Spork	1
P38	1
Pot Scrubber	1
Little Detergent (Soap, Can get at Walmart.dollar Gen	1
Solid Fuel Tablet Stove	
Fuel for Solid Fuel	1
	1
Light Weight Long sleeve Shirt	1
Pans	1
Undergear Long sleeve compression shirt/matching short, Wickless Type	1
Underwear	1
Wool Hiking Socks	1
Ankle High boots (mimum), prefer Combat boots,	1
Mid Weight Fleece	1
Wool Fleece Heavy	1
Leather Work Gloves (wearing mil grade combat gloves for dexterity	1
Shemagh, normally worn with gear	1
Grometted Military-Style Poncho	1
Wool/Fleece Hat or Balaclava (me both)	1
Cold Weather Mittens (extra set in BOB)	1
Tent or BIVY if traveling alone	1
Sleeping Bag	1
Ground Pad	1
Paracord 100 feet, make sure Mil-Std, not fake stuff, high count thread	1
Ignition Source (1 each, lighter, matches, ferro stick)	1
Fire Starting Tinder (Wetfire,Steel Wool and PET Balls).	1
Waterproof Fire Kit Container (me just photo cannisters)	1
First Aid Kit (see IE gearand midsize kit)	1
Insect Repellant	
Survival Blanket	1
	1

Disintecting Wet Napkins	1
Travel Hand Sanitizer	1
Travel Size Bar of Soap (Ivory)	1
Tampons/Sanitary Napkins	1
Midol	1
Small Mirror	1
Small Pack Towel	1
Tooth brush/Paste	1
Toilet Paper Roll (2 each per person, one can be smushed into cargo pant, Ziploc Bag it)	1
Diapers	1
Wet napkins	1
deodarant	1
Diaper Cream	1
Knife sharpener	1
Survival Knife (Full Tang if possible), mine is a bayonett for my FN-FAL	1
Multi Tool (kept in breast pocket or cargo pants	1
LED headlamp	1
Minikey chain maglite	1
Glow Stick	1
Candle	1
Handheld Flashlight Cree type	1
Cell Phone	1
Sat Phone if you have one	1
Alternative Power Charger with Batteries, see link	1
Solar Powered, Hand Cranked Shortwave Radio	1
Survival Document in waterproof case	1
Bug out Map Route (Standard map, also Topographical map from USGS) in map case	1
500-1000 Cash, small denominations, Precious Metals, Coins	1
Quarters	1
Compass Mil std (pay the money, not the cheap one).	1
GPS Hiking Type	1
Small Note Pad with pen (prefer Writeonrain type)	1
Sharpie Pen, (prefer big one)	1
Small Red, Blue, Topographical Pens that can be written on map case	1
Emergency Whistle	1
Two Way Radios, FRS or MURS Radio with throat mike, all the bags have both	1
Pepper Spray placed on LBE or BOB Bag	1
Handgun (if trained properly)	1
Ammunition for caliber handgun (100 rounds)	1
Survival Rifle or Semi-auto Rifle (M-4)	1
Ammunition for that caliber of rifle (250 rounds)	1
Magazines for Respective weapons, about 6 for rifle, 4 for pistol	1
100% Bandana	1
Duct Tape	1
55-gallon trash Bag	1

Resealable Bags (ziploc)	1
Sunglasses	1
N95 Dust Mask	1
Sewing Kit	1
38 inches of rubber tubing	1
Fishing Kit	1
Bincocular, Scope of rifle fine	1
Inspirational Items (photos, bible, survival book in plastic ziploc)	1
Entrenching tool	1
Axe	1
PETS (backpack harness type for pet to wear) (Train them first)	1
Collapsible Water Bowl	1
7 days of dry dog food	1
3 days of water (depends on size of dog, might have to carry for pet)	1
vaccination records	1
Leash	1
Muzzle	1

Also I keep Caribeeners, About 100 feet of Rappelling Rope, Rappelling Gear, Rope Stored on my pack

Small Baseball cap in my Cargo Pocket

Screw Drive Long, thin type and a small vice grip, small pliers with the ability to cut wires

I keep a Long Machette that is a full tang one

Also I keep a Kurki which is a knife used by the Napal Regements, given to me by British friend, but you can fir

Purchaser or example

http://www.amazon.com/ILBE-Main-Pack-Generation-Assault/dp/B009ES1OK4/ref=sr_1_4?ie=UTF8&qid=139622

<http://www.ebay.com/itm/MOLLE-Modular-Tactical-Body-SAPI-PLATE-CARRIER-Armor-Vest-COYOTE-TAN-/13114>

http://www.amazon.com/Camelbak-Maximum-Desert-Military-Hydration/dp/B000S38RUE/ref=sr_1_fkmr1_1?ie=

http://www.amazon.com/Vapur-Element-Bottle-Fire-1-Liter/dp/B00AMPV750/ref=sr_1_1?s=sporting-goods&ie=

You can buy at Walmart

http://www.amazon.com/Katadyn-Micropur-Water-Purification-Tablets/dp/B0007U017U/ref=sr_1_2?ie=UTF8&q

http://www.amazon.com/Katadyn-Hiker-PRO-Water-Microfilter/dp/B0007U012U/ref=sr_1_1?ie=UTF8&qid=1396

<http://mre-meals.net/>

http://www.amazon.com/dp/B00IKLHGC6/ref=wl_it_dp_o_pd_S_ttl?_encoding=UTF8&colid=21WO39Y5DZ3QC&

http://www.amazon.com/dp/B000O8OTNC/ref=wl_it_dp_o_pC_nS_ttl?_encoding=UTF8&colid=21WO39Y5DZ3Q

http://www.amazon.com/Sterno-Emergency-Candle-6-Inch-column/dp/B000GD55KQ/ref=sr_1_1?ie=UTF8&qid=1

http://www.amazon.com/SolarAid%C2%AE-SolarAid-Rechargeable-Batteries-Flashlight/dp/B00CJJ4OUW/ref=sr_1
http://www.amazon.com/Kaito-Voyager-KA600-Digital-Emergency/dp/B0051QJJ1E/ref=sr_1_2?ie=UTF8&qid=139

http://www.amazon.com/Cammenga-Model-Olive-Lensatic-Compass/dp/B0016SRA4Y/ref=sr_1_3?ie=UTF8&qid=
http://www.amazon.com/Garmin-eTrex-Worldwide-Handheld-Navigator/dp/B00542NVS2/ref=sr_1_fkmr3_2?ie=

http://www.amazon.com/LOKSAK-SplashSak-Map-Case-Clear/dp/B002Z9LI3C/ref=sr_1_2?ie=UTF8&qid=1396221

http://www.amazon.com/Motorola-RDM2020-Portable-Two-Way-Radio/dp/B00525ZT0Y/ref=sr_1_2?ie=UTF8&q

http://www.amazon.com/Tri-Fold-Entrenching-E-Tool-Genuine-Military/dp/B00AWTD7HM/ref=sr_1_3?ie=UTF8&
http://www.amazon.com/Gerber-22-41420-Gator-Combo-Axe/dp/B000C0RKYM/ref=sr_1_2?ie=UTF8&qid=13962

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[UTF8&qid=1396222017&sr=1-1&keywords=collapsible+water+bottle](#)

[jid=139622214&sr=8-2&keywords=water+purification+tablets+for+protozoas](#)

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[009&sr=8-2&keywords=plastic+map+case](#)

[id=1396220519&sr=8-2&keywords=murs+rados+handheld](#)

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[?27546&sr=8-2&keywords=axe+camping](#)