

Ultimate Survival Kit

Carrying an E-Kit is important to aid you in any situation where you might be lost. However, a kit cannot help you unless you know how to use the items in the kit. As you put together your kits ask yourself: How many different purposes can I use this item for? If you can't think of at least 3 or 4 things that you can do with each item, it is better not to carry that item with you. Below is an "Ultimate Kit" with everything that you would need to live rather indefinitely. This particular kit weighs in at just under 30 pounds (all weights are approximate and may vary depending on your equipment) and will fit into a backpack or Rucksack. Clothing is additional weight, but each person must decide what clothing he/she needs for their situation. Of course this is a rather "complete" pack, and yours will probably vary. It is only for an idea of things to put into your personal kit. You can add other items that you might need, or take out things that you don't think would be beneficial to you in your situation.

3 important factors in a kit are:

- 1) Make a quality kit (Your life may depend on it)
- 2) Know how to use your kit
- 3) Never leave home without the kit (It does no good sitting on a shelf in the closet)

- ☐ Fire - 1.5 lbs.
- ☐ Steel for use with flint
- ☐ Fire Piston
- ☐ Magnifying Glass/Fresnel Lens
- ☐ Magnesium Metal Match
- ☐ #0000 Steel Wool
- ☐ Char-cloth in an Altoids Tin (Polish top to Mirror Finish or add mirror)
- ☐ Small pouch of dry tinder
- ☐ Waterproof Matches
- ☐ Bic Lighters
- ☐ Antler for Fire Bow Handhold
- ☐ (2) 8 Hour Candles with Top
- ☐ Shelter (Versa Shelter) - 8 lbs.

I have recently changed my shelter preferences. One reason for this is the weight that I would have to carry. Secondly, I have found that a Tarp/Blanket combination can be used in most situations where the temperature isn't extreme. You can also set up the Versa Shelter in many different configurations for different conditions. This kit is what I carry. You might choose a tent or sleeping bag instead and that's ok! Remember... an E-kit is something personal.

- ☐ 8X10 Tarp (One Side Silver)
- ☐ Space Blanket
- ☐ Wool Blanket
- ☐ Thermarest Pad

- ☐ 2 Heavy Duty Garbage Bags
- ☐ 100 Foot Para-cord
- ☐ Clothing Group
- ☐ 4 Bandanas
- ☐ Food Group - 2 lbs.
- ☐ Bouillon Cubes
- ☐ Dry Gatorade Mix
- ☐ Hard Candies
- ☐ Spice Packet containing Seasonings, Cayenne, etc.
- ☐ Small Cooking Kit
- ☐ (2) 2X2 Heavy Duty Aluminum Foil (Folded)
- ☐ 24 Gauge Snare Wire - (30 Foot)
- ☐ 6 Foot Surgical Tubing
- ☐ Water - 1.5 lbs.
- ☐ Canteen/1 lb Coffee Can
- ☐ Water Purifier (Katadyne)
- ☐ 8 Oz Iodine
- ☐ 2 Clear Plastic Bags (Kitchen Size)
- ☐ 5 Large Ziploc Breast Milk Bags
- ☐ Tools - 5 lbs
- ☐ Knives/Sharpener
- ☐ Hatchet or Small Woods Ax
- ☐ Tool-man
- ☐ Needle Nose Pliers
- ☐ D-Lock Carabineer
- ☐ Pocket Chainsaw
- ☐ 3 Small Hacksaw Blades
- ☐ (2) 2"Bolts with nuts
- ☐ 100 Foot Para-cord
- ☐ 10 Foot of Duct Tape
- ☐ Nail Clippers
- ☐ Compass
- ☐ Small Magnet
- ☐ Whistle
- ☐ 100 Foot Plastic Baler's Twine
- ☐ Headlamp Flashlight with Spare Bulbs and Batteries
- ☐ Sewing/Fishing Kit - 2 lb.
- ☐ 3 EZ Awl Needles
- ☐ 30 Foot Para-cord
- ☐ 10-12 Assorted Hooks
- ☐ 1 4-0 Gaff Hook
- ☐ Split Shot Sinkers
- ☐ 6 Swivels
- ☐ 100 ft Heavy (30# test) line

- ☐ 2 Stainless Steel Leaders
- ☐ Safety Pins
- ☐ 100 Yds. Dental Floss
- ☐ Med Kit - 2 lb
- ☐ Band-Aids
- ☐ Butterfly Closures
- ☐ 3 Foot Adhesive Tape
- ☐ Moleskin
- ☐ Suture Kit
- ☐ Sterile Scalpel in Foil Pack
- ☐ Triple Antibiotic Cream
- ☐ Neosporin/Betadine
- ☐ Tylenol
- ☐ Alcohol Pads
- ☐ Small Bottle Alcohol
- ☐ 2 Single Edged Razor Blades
- ☐ Misc - 3 lbs.
- ☐ Scripture
- ☐ Watch
- ☐ Plant ID Book
- ☐ Small Notebook
- ☐ Small Photon Light
- ☐ Sunglasses
- ☐ Pair of Work Gloves
- ☐ Walking Stick (Containing Mini Kit Items)

So start gathering materials and begin to put your kit together. Not only is it a lot of fun to build your own personal kit... but it will be something that could save your life in an emergency. In another article I will lay out my personal "Nestled" kit as an idea for others to build on. Until then... have fun and stay safe!