

Cadillac Prepares

Future Class Subjects

We will begin discussing in this group the basics that you should start with like air, shelter, water, food, medical and security requirements .

Without air, you can die in 3 minutes. Air and respiratory protection requirements could be fire/smoke/ carbon monoxide alarms, Gas masks and face masks because of pandemics, nuclear war or power plant accidents. Did you know that Michigan is surrounded by Nuclear plants? <http://www.nrc.gov/info-finder/reactors/> There is quite a few plants in Wisconsin that if something were to happen we could be in trouble. Here is a wind map that could possibly show you the air currents that could carry fallout to Michigan <http://hint.fm/wind/> My guess is that if this were to happen the safety area would be for us in the Cadillac area is to travel to the upper peninsula. The health department issues Potassium Iodate KIO₃ to help protect your thyroid from radioactive iodine to those that live or work near a nuclear power plant only. You can buy it online from various vendors.

Shelter can be anything to get you out of the elements, in acclimate weather death can result rapidly from hypothermia and hyperthermia: If you were to loose power how would you stay warm in the winter or cool in the summer? Some may have a generator but do you have back up fuel. Do you know what type of fuel to use and how to properly store it? Do you have contingency plans. We will also learn about bushcraft shelter skills which will benefit you if you become a lost hiker or fill in the blank.

You can only live 3 days without water: If you loose power how will you obtain water? If you drink unfiltered or unsanitized water from surface water like lakes or rivers you will get sick. Do you know how to sanitize or filter surface water? What about long term water storage?

Without food you can only live two weeks: If something were happen with the trucking industry, grocery stores are only 3 days from being empty. We will discuss long term, short term food storage. What to store, how much to store, different preserving methods such as canning and dehydrating, bushcraft skills will also be discussed.

Medical care: If there were a serious societal breakdown how would you get medical care for a loved one? You need to have some medical training. You need to have first aid supplies on hand. We will learn basic first aid to include evaluate a casualty, bandaging, splinting a fracture, burns and treating for shock, CPR/Rescue breathing, trauma care, field sanitation and preventive measures, pandemic/isolation/sick rooms.

Security: What would you do if your child is crying because they are starving? Then take that same answer and think about John Doe down the road that does not care about you and yours just what you have. You need to have an ability to protect yourself and your family. We will also look at civil unrest and active shooters, detaining and retraining a person.

Evacuation Bags: Bug Out Bags/Get Home Bags/INCH Bags styles and content

Bushcraft: Outdoor survival skills.

NBC: Information for nuclear, biological and chemical incidents, how to prepare, react to and

decontaminate from them.

EMP/Coronal Mass Ejection/Solar Flare: Can and will destroy modern electronics. We will discuss ways to protect your electronics.

Alternative Energy: Generator, solar and other energy sources. Operation and safety.

Homesteading: Home steading is really about the way a lot of people in the area live their lives and care of animals like chickens, goats, pigs and cattle.

Library: Discussion of various ways to have a library and what subjects to have hard copies on and electronic books. All attendees will be given an electronic library on a DVD disk.