

	SSS	SUS	USS	UUS	USU	UUU	total	reference
cocoa	???		52.10%	22%	13.80%	???	87.90%	Neff, Byrdwell & List 2001
palm	???		5.50%	44.60%	33%	???	83.10%	Neff, Byrdwell & List 2001
Palm		6.60%	22.40%	???	39.10%	???	74.60%	Zaliha et al. 2014, adapted from Hishamuddin 2009
lard		2.93	29.49	1.49	34.65	???	9.84	78.4 Rohman et al. 2012
lard		1% /		27.62%	11.11%	39.30%	18.43%	97.46% Marikkar et al. 2014 table 2 NLD-A
lard		2.12% /		26.60%	10.67%	40.67%	18.16%	98.22% Marikkar et al. 2014 table 2 NLD-B

S= Saturated

U=Unsaturated